Do you utilize any of the on-campus recreation facilities, programs, or services?

	National Average 14-15	Dynamic Project Segment 2014-2015
Yes	83.50%	86.69%
No	16.50%	13.31%
Total Respondents	21860	278

From your participation in Campus Recreation, do you feel you have increased or improved your: - Self confidence

						Mean Diff	erence S	td Dev	N Top 1 E	Bottom 1 Rar
National Average 14-15						2.21	0.07	0.711	4254 37.94%	16.84%
-Dynamic Project Segment 2014 2015						2.28		0.67	172 40.12%	12.21%
2	1 .10	2.15	1 2.19	1 2.24	1 2.28					
	Na	ational Ave	rage 14- 15	Dyna	mic Proje	ect Segment 2014-2015				
Definitely			37.94%			40.129	6			
Somewhat			45.22%			47.67%	6			
Not at all			16.84%			12.21	6			
Total Respondents			14254			17				

From your participation in Campus Recreation, do you feel you have increased or improved your: - Sense of adventure

					Mean Diff	erence S	d Dev	N Top 1 E	Bottom 1 Rank
5					1.99	0.19*	0.771	4178 28.62%	29.96%
5					2.18		0.74	171 37.43%	1 9.88 %
.80	1 1.90	1.99	2.09	2.18		* In	dicates s	statistical signif	icance, p < .05
Na	ational Ave	0	Dyna	mic Proje	•				
		15			2014-201	5			
/		28.62%			2014-2013 37.43				
⁄ t		-				%			
·		28.62%			37.43	% %			
5	1 .80	.80 1.90	.80 1.90 1.99	.80 1.90 1.99 2.09	.80 1.90 1.99 2.09 2.18 National Average 14-	1.99 2.18 80 1.90 1.99 2.09 2.18 National Average 14-	1.99 0.19* 2.18 80 1.90 1.99 2.09 2.18 * In National Average 14- Dynamic Project Segment	2.18 0.74 .80 1.90 1.99 2.09 2.18 * Indicates and the second seco	1.99 0.19* 0.77 14178 28.62% 2.18 0.74 171 37.43% 80 1.90 1.99 2.09 2.18 * Indicates statistical signif National Average 14- Dynamic Project Segment

From your participation in Campus Recreation, do you feel you have increased or improved your: - Athletic ability

						Mean Diff	erence S	td Dev	N Top 1 E	Bottom 1 Ran
National Average 14-15						2.33	0.01	0.68 1	4237 44.89%	12.19%
Dynamic Project Segment 2014-2015						2.34		0.67	173 44.51%	10. 98 %
2.	1 20	1 2.24	1 2.27	1 2.31	1 2.34					
		National	Average 14-15	Dyna	amic Proje	ect Segmen 2014-201				
Definitely			44.89%			44.51	%			
Somewhat			42.92%			44.51	%			
Not at all			12.19%			10.98	%			
Total Respondents			14237			17	73			

From your participatio Concentration	n in Cam	pus Recre	eation,	do you	feel yo	u have	increas	ed or	improved	your: -
						Mean Dif	ference S	td Dev	N Top 1 E	Bottom 1 Rank
National Averag	e 14-15					2.08	0.06	0.74 1	4160 31.44%	23.34%
Dynamic Project Segment 20	14-2015					2.14		0.72	170 33.53%	19.41%
	1 1.90	1 1.96	1 2.02	1 2.08	2.14					
	National A	Average 14-15	5 Dyn	amic Proje	ect Segm	ent 2014-2	015			
Definitely		31.449	6			33.	<mark>.53%</mark>			
Somewhat		45.22%	6			47.	. <mark>06%</mark>			
Not at all		23.34%	6			19.	. <mark>41%</mark>			
Total Respondents		1416	0				170			

From your participation in Campus Recreation, do you feel you have increased or improved your: -Fitness level

						Mean Diff	erence S	td Dev	N Top 1 B	ottom 1 Rank
National Averag	e 14-15					2.43	0.05	0.64 1	4235 51.41%	8.55%
Dynamic Project Segment 20	14-2015					2.48		0.63	169 55.03%	7.10%
	2.30	2.35	2.39	2.44	2.48					
	National	Average 14-1	15 Dy	namic Proje	ect Segme	ent 2014-20	915			
Definitely		51.4	1%			55.0	<mark>)3%</mark>			
Somewhat		40.04	4%			37.8	<mark>37%</mark>			
Not at all		8.5	5%			7.1	0%			
Total Respondents		142	235				<mark>169</mark>			

From your participation in Campus Recreation, do you feel you have increased or improved your: -**Respect for others**

						Mean Diff	erence S	td Dev	N Top 1 E	Bottom 1 Rank
National Averag	e 14-15					2.00	0.11	0.77 1	4170 29.75%	29.56%
Dynamic Project Segment 207	14-2015					2.11		0.75	171 34.50%	23.39%
	1.95	1.99	2.03	2.07	2.11					
	National	Average 14-	15 Dy	namic Proje	ect Segme	ent 2014-20	015			
Definitely		29.7	5%			34.	50%			
Somewhat		40.6	9%			42.	<mark>11%</mark>			
Not at all		29.5	6%			23.	<mark>39%</mark>			
Total Respondents		141	170				171			

From your participation in Campus Recreation, do you feel you have increased or improved your: -**Multicultural awareness**

						Mean Diff	erence St	d Dev	N Top 1 E	Bottom 1 Rank
National Averag	e 14-15					1.81	0.12	0.791	413623.27%	42.47%
Dynamic Project Segment 20	14-2015					1. 92		0.84	172 31.40%	38.95%
	1 1.70	1.76	1 1.81	1.87	1 1.92					
	National Av	/erage 14-15	Dyn	namic Proje	ct Segme	ent 2014-20	915			
Definitely		23.27%				31.4	10%			
Somewhat		34.27%				29.6	<mark>55%</mark>			
Not at all		42.47%				38.9	<mark>95%</mark>			
Total Respondents		14136					172			

From your participatio Sense of belonging/as			eation	, do you	feel yo	u have	increas	ed or	improved	your: -
						Mean Dif	ference S	td Dev	N Top 1 I	Bottom 1 Rank
National Averag	e 14-15					1.93	0.07	0.76 1	4155 25.98%	32.58%
Dynamic Project Segment 201	14-2015					2.01		0.77	172 29.65%	29.07%
	1 1.80	1 1.85	1 1.91	1 1.96	1 2.01					
	National	Average 14-15	5 📃 ру	namic Proje	ect Segm	ent 2014-2	015			
Definitely		25.989	%			29.	. <mark>65%</mark>			
Somewhat		41.449	%			41.	. <mark>28%</mark>			
Not at all		32.589	%			29.	. <mark>07%</mark>			
Total Respondents		1415	5				<mark>172</mark>			

From your participation in Campus Recreation, do you feel you have increased or improved your: - Communication skills

						Mean Diffe	rence	e Std Dev	Ν	Top 1 E	Bottom 1 Ran
National Averag	je 14-15					1.76	0.12	0.76 1	41451	9.85%	43.37%
Dynamic Project Segment 20	14-2015					1.89		- 0.78	1702	25.29%	36.47%
	1.60	1.67	1.75	1.82	1.89		*	Indicates	statisti	cal signif	ficance, p < .0
	National	Average 14-15	D	ynamic Project	Segme	ent 2014-201	15				
Definitely		19.85%	•			25.29	<mark>9%</mark>				
Somewhat		36.78%				38.24	<mark>4%</mark>				
Not at all		43.37%				36.47	<mark>7%</mark>				
Total Respondents		14145	5			1	70				

From your participation in Campus Recreation, do you feel you have increased or improved your: - Balance/coordination

						Mean Diff	erence S	td Dev	N Top 1 E	Bottom 1 Ran
National Averag	e 14-15					2.17	0.08	0.71 1	4180 35.53%	18.31%
Dynamic Project Segment 20	14-2015					2.26		0.70	172 40.70%	15.12%
	2.00	1 2.07	1 2.13	1 2.20	1 2.26					
	National	Average 14-	15 Dyi	namic Proj	ect Segme	ent 2014-20	015			
Definitely		35.5	3%			40.	<mark>70%</mark>			
Somewhat		46.1	6%			44.	<mark>19%</mark>			
Not at all		18.3	1%			15.	<mark>12%</mark>			
Total Respondents		14	180				172			

From your participation in Campus Recreation, do you feel you have increased or improved your: - Physical strength

									1	
						Mean Dif	ference S	td Dev	N Top 1 B	ottom 1 Ranl
National Averag	e 14-15					2.43	-0.01	0.66 1	4172 52.06%	9.32%
Dynamic Project Segment 20	14-2015					2.42		0.64	171 50.29%	8.19%
	2.30	2.33	2.37	2.40	2.43					
	-									
	National /	Average 14-	15 Dyi	namic Proje	ect Segm	ent 2014-2	015			
Definitely		52.0	6%			50.	<mark>29%</mark>			
Somewhat		38.6	2%			41.	<mark>52%</mark>			
Not at all		9.3	2%			8.	<mark>19%</mark>			
Total Respondents		14	172				171			

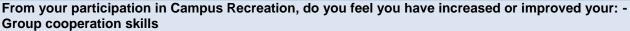
From your participation	n in Cam	pus Recre	eation	, do you	feel yo	u have	increas	sed or	improved	your: -
Problem solving skills						Mean Di	fference S	td Dev	N Top 1	Bottom 1 Rank
National Average	o 1/1-15					1.70	0.15*		4097 16.55%	
							0.15			
Dynamic Project Segment 201	14-2015					1.85		0.77	172 23.26%	37.79%
	1.60	1.66	1.73	1.79	1.85		* Ir	dicates s	statistical sigr	ificance, p < .05
	National <i>J</i>	Average 14-15	5 Dy	namic Proj	ect Segm	ent 2014-2	2015			
Definitely		16.559	%			23	.26%			
Somewhat		37.049	%			38	<mark>.95%</mark>			
Not at all		46.419	%			37	<mark>.79%</mark>			
Total Respondents		1409	97				172			

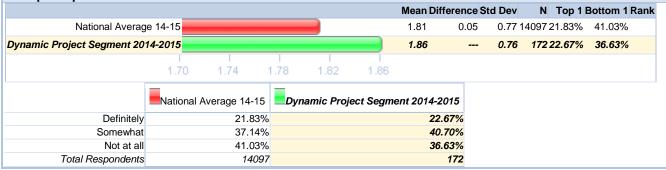
From your participation in Campus Recreation, do you feel you have increased or improved your: - Feeling of well-being

						Mean Dif	erence S	td Dev	N Top 1 B	ottom 1 Ranl
National Averag	je 14-15					2.47	0.00	0.63 1	4257 54.73%	7.61%
Dynamic Project Segment 20	14-2015					2.47		0.61	173 53.18%	5.78%
	2.30	2.34	2.39	2.43	2.47					
	National	Average 14-	15 Dyr	namic Proje	ect Segme	ent 2014-2	015			
Definitely		54.7	3%			53.	<mark>18%</mark>			
Somewhat		37.6	6%			41.	<mark>04%</mark>			
Not at all		7.6	51%			5.	<mark>78%</mark>			
Total Respondents		14	257				173			

From your participation in Campus Recreation, do you feel you have increased or improved your: - Time management skills

						Mean Diff	erence S	td Dev	N Top 1 E	Bottom 1 Ran
National Averag	je 14-15					2.08	0.09	0.76 1	4169 33.55%	25.20%
Dynamic Project Segment 20	14-2015					2.17		0.73	174 36.78%	1 9.54%
	1.90	1.97	2.04	2.10	2.17					
	National	Average 14-1	5 Dy	namic Proje	ect Segme	ent 2014-20	015			
Definitely		33.55	5%			36.	<mark>78%</mark>			
Somewhat		41.24	4%			43.	<mark>68%</mark>			
Not at all		25.20)%			19.	<mark>54%</mark>			
Total Respondents		141	69				174			





From your participation Ability to get a good ni			reation	, do you	feel yo	u have	increas	ed or	improved	your: -
						Mean Dif	ference S	td Dev	N Top 1	Bottom 1 Rank
National Averag	e 14-15					2.09	0.03	0.771	4205 34.28%	25.18%
Dynamic Project Segment 201	4-2015					2.12		0.78	172 36.63%	25.00%
	1.90	1 1.96	1 2.01	1 2.07	2.12					
	National A	Average 14-1	5 Dy	namic Proj	ect Segm	ent 2014-2	2015			
Definitely		34.28	3%			36	. <mark>63%</mark>			
Somewhat		40.54	4%			38.	.37%			
Not at all		25.18	3%			25.	<mark>.00%</mark>			
Total Respondents		142	05				172			

From your participation in Campus Recreation, do you feel you have increased or improved your: - Leadership skills

						Mean Diff	erence S	td Dev	N Top 1 E	Bottom 1 Rank
National Averag	e 14-15					1.69	0.10	0.76 1	4080 18.45%	49.12%
Dynamic Project Segment 20	14-2015					1.80		0.78	17321.97%	42.20%
	1.50	1.58	1.65	1.73	1.80					
	National	Average 14-15	Dy	namic Projec	ct Segme	ent 2014-20	15			
Definitely		18.45%	6			21.9	7%			
Somewhat		32.43%	6			35.8	<mark>4%</mark>			
Not at all		49.12%	6			42.2	0%			
Total Respondents		1408	0				173			

From your participation in Campus Recreation, do you feel you have increased or improved your: - Ability to multi-task

						Mean Diff	erence S	td Dev	N Top 1 E	Bottom 1 Ran
National Averag	e 14-15					1.89	0.08	0.78 1	4120 25.70%	36.75%
Dynamic Project Segment 20	14-2015					1.97		0.74	17325.43%	28.90%
	1.70	1.77	1 1.84	1.90	1.97					
	National	Average 14-1	5 Dy	namic Proj	ect Segme	ent 2014-20	015			
Definitely		25.70)%			25.4	<mark>13%</mark>			
Somewhat		37.55	5%			45.6	<mark>6%</mark>			
Not at all		36.75	5%			28.9	<mark>90%</mark>			
Total Respondents		141	20				173			

From your participation in Campus Recreation, do you feel you have increased or improved your: - Stress management

jjjjj										
						Mean Diff	erence S	td Dev	N Top 1 I	Bottom 1 Ran
National Averag	e 14-15					2.34	0.13*	0.70 1	4175 47.25%	13.26%
Dynamic Project Segment 207	14-2015					2.47		0.63	171 53.80%	7.02%
	1 2.20	2.27	2.34	2.40	2.47		* In	dicates	statistical signi	ficance, p < .0
	National A	Average 14-1	5 D y	namic Proje	ect Segm	ent 2014-20	015			
Definitely		47.25	5%			53.	<mark>80%</mark>			
Somewhat		39.49	9%			39.	<mark>18%</mark>			
Not at all		13.26	5%			7.	0 <mark>2%</mark>			
Total Respondents		141	75				171			

From your participation Ability to develop frien		npus Recr	eation,	do you	feel yo	u have	increas	ed or	improved	your: -
						Mean Di	fference S	td Dev	N Top 1	Bottom 1 Rank
National Average	e 14-15					1.93	0.14*	0.79 1	4104 27.64%	34.48%
Dynamic Project Segment 201	4-2015					2.08		0.76	173 32.95%	25.43%
	1 1.80	1 1.87	1.94	2.01	1 2.08		* Ir	dicates s	statistical signi	ficance, p < .05
	National	Average 14-1	5 Dyr	namic Proj	ect Segm	ent 2014-2	2015			
Definitely		27.64	1%			32	<mark>.95%</mark>			
Somewhat		37.88	3%			41	<mark>.62%</mark>			
Not at all		34.48	3%			25	. <mark>43%</mark>			
Total Respondents		141	04				173			

From your participation in Campus Recreation, do you feel you have increased or improved your: -Weight control

						Mean Diff	erence S	td Dev	N Top 1 E	Bottom 1 Rank
National Averag	e 14-15					2.21	0.06	0.711	4204 38.18%	17.25%
Dynamic Project Segment 20	14-2015					2.27		0.66	173 38.73%	11.56%
	2.10	2.14	2.19	2.23	2.27					
	National	Average 14-1	5 .	ynamic Proje	ct Segme	ent 2014-20	015			
Definitely		38.18	%			38.	<mark>73%</mark>			
Somewhat		44.57	%			49.	<mark>71%</mark>			
Not at all		17.25	%			11.	<mark>56%</mark>			
Total Respondents		1420)4				<mark>173</mark>			

From your participation in Campus Recreation, do you feel you have increased or improved your: - Overall health

						Mean Diff	erence S	td Dev	N Top 1 B	ottom 1 Ran
National Averag	je 14-15					2.48	0.03	0.62 1	4194 54.55%	6.66%
Dynamic Project Segment 20	14-2015					2.51		0.62	172 57.56%	6.40%
	2.30	2.35	2.41	2.46	2.51					
	National A	Average 14-	15 Dy	namic Proje	ect Segme	ent 2014-2	015			
Definitely		54.5	5%			57.	<mark>56%</mark>			
Somewhat		38.7	8%			36.	<mark>05%</mark>			
Not at all		6.6	6%			6.	<mark>40%</mark>			
Total Respondents		141	194				172			

From your participation in Campus Recreation, do you feel you have increased or improved your: - Academic performance

1 1 1 1 1 1										
						Mean Diff	erence S	td Dev	N Top 1 B	Bottom 1 Ranl
National Averag	e 14-15					1.92	0.15*	0.74 1	177923.85%	31.71%
Dynamic Project Segment 20	14-2015					2.07		0.72	168 29.76%	22.62%
	1.80	1 1.87	1 1.94	2.00	2.07		* In	dicates	statistical signi	ficance, p < .0
	National	Average 14-1	5 	namic Proje	ect Segm	ent 2014-2	015			
Definitely		23.85	5%			29.	<mark>76%</mark>			
Somewhat		44.44	1%			47.	<mark>62%</mark>			
Not at all		31.71	%			22.	<mark>62%</mark>			
Total Respondents		117	79				168			

NASPA Consortium: Campus Recreation 2014-15 results

Below are the segments included in the results that contain multiple projects.

National Average 14-15

- Florida Atlantic University NASPA Consortium: Campus Recreation 2014-15
- Massachusetts Institute of Technology NASPA Consortium: Campus Recreation 2014-15
- Michigan Technological University NASPA Consortium: Campus Recreation 2014-15
- North Carolina State University NASPA Consortium: Campus Recreation 2014-15
- Sam Houston State University NASPA Consortium: Campus Recreation 2014-15
- Samford University Consortium: Campus Recreation 2014 2015
- Slippery Rock University NASPA Consortium: Campus Recreation 2014-15
- Stony Brook University NASPA Consortium: Campus Recreation 2014-15
- University of Akron NASPA Consortium: Campus Recreation 2014-15
- University of Illinois at Chicago NASPA Consortium: Campus Recreation 2014-15
- University of Oklahoma NASPA Consortium: Campus Recreation 2014-15
- University of Richmond NASPA Consortium: Campus Recreation 2014-15
- University of South Florida-St. Petersburg NASPA Consortium: Campus Recreation 2014-15
- University of Tennessee Knoxville NASPA Consortium: Campus Recreation 2014-15
- University of Washington NASPA Consortium: Campus Recreation 2014-15
- Western Oregon University NASPA Consortium: Campus Recreation 2014-15